

The
DelMar

BREAKFAST

Welcome

to oceanside dining at The DelMar, featuring a multinational team of skilled chefs and a menu inspired by the world's finest coastal cuisines.

Our menu emphasizes the freshest fish, seafood, prime steaks, and chops, fired-grilled or smoked in-house, fusing flavors from Asia, Latin America, and the Mediterranean. The DelMar at The Strand is setting a new standard for dining in The Turks and Caicos Islands. We hope you enjoy!

Craig McNeil - Culinary Director
Gaston Campana - Executive Chef

Mains

CLASSIC EGGS BENEDICT - Poached eggs, English muffin, *smoked ham, hollandaise sauce. 26

SMOKED SALMON SCRAMBLED EGGS - Eggs, citrus crème fraiche, hash browns. 28

STRAND OMELETTE - Eggs, peppers, onions, mushrooms, spinach, tomato, cheese. 23

RANCHEROS EGGS - Eggs, tortillas, tomato sauce, pinto beans, cotija cheese. 22

BELGIAN WAFFLES - Berry compote, whipped butter, agave-cinnamon syrup. 19

AVOCADO TOAST - Sourdough toast, hen of the woods, pickled red onions. 22

SMOKED SALMON BAGEL - Cream cheese, fennel, red onion, capers. 26

SEASONAL FRUIT BOWL - Chef's selection. 18

OVERNIGHT OATMEAL - Brown sugar, raisins, coconut milk, berries, banana. 18

BERRY PARFAIT WITH STEEL CUT GRANOLA - Greek yogurt, granola, berry compote. 18

BAKERY BASKET - Blueberry muffin, banana bread, croissant. 15

Smoothies

THE GREEN FLASH - Avocado, banana, kale, almond milk, spirulina. 16

BERRY GOOD - Mixed berries, orange, banana, Greek yogurt, agave. 16

TROPICAL TURKS - Mango, pineapple, coconut, oat milk, vanilla. 16

Beverages

SELECTIONS OF TEA. 7

FRESHLY BREWED COFFEE. 6

CAPPUCCINO. 8

SINGLE / DOUBLE ESPRESSO. 6 / 8

LATTE. 8

JUICES. 6

Sides

TOAST - WHITE / WHEAT / GLUTEN-FREE. 6

ENGLISH MUFFIN. 5

BACON. 9

SAUSAGE. 8

BREAKFAST POTATOES. 7

TWO EGGS YOUR WAY. 8

FRESH BAKED CROISSANT. 6

*SUBSTITUTE LOCAL LOBSTER (IN SEASON).

**CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.