

TRAVEL

Dreaming of vacation? 7 island getaways that are perfect escapes from Hudson Valley winter



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January may be behind us but according to [Punxsutawney Phil we still have six more weeks of winter](#). That's on top of the impending March anniversary of when COVID first entered — and changed — our world.

All of those are reasons enough to want to escape winter's frigid grip and head somewhere tropical where your biggest decisions include which book to read on the beach, which seaside activity to book or which umbrella-topped cocktail to order. Whether you're looking for relaxation, adventure, or a bit of both, these seven island trips are guaranteed to get you out of the winter doldrums and refuel you in time for spring.

The Strand, Turks & Caicos

Part of The Leading Hotels of the World network, The Strand, which opened last November, is a new luxury, residential resort located on 2,230 feet of secluded oceanfront on Cooper Jack Bay in Providenciales. Home to a collection of spacious, all ocean facing suites, villas and private residences, it prides itself on its sustainability as well as its immersive, thoughtfully curated experiences spanning outdoor adventures, water and racquet sports. There's also an exclusive marina with access to a Boston Whaler and private captain. *SeaView Close 1, 1 800-745-8883, lhw.com.*